



Riverside County Suicide Prevention Coalition

Sub-Committee Quarterly Report

January 24th, 2024

Measuring and Sharing Outcomes

Regularly Scheduled Meetings: 3rd Thursdays, 9:00am-10:00am.	
Sub-Committee Goal(s):	Advance data monitoring and evaluation.
Sub-Committee Objective(s):	1. Partner with coroners and medical examiners to develop a method for accessing data for improved suicide prevention strategies
Last Quarter's Actions:	<ul style="list-style-type: none"> Ensured that data statistics/reports distributed by Riverside County are a unified message from our coalition. Strengthened partnership with surveillance team members to oversee data for youth suicides in Riverside County. Ongoing completion of data requests from subcommittees and Riverside County at large. Ongoing revisions of Data Brief currently under review.
Community Partners Needed:	Coroner's Office and School Districts
Priority Activities this Quarter:	<ul style="list-style-type: none"> Complete data story map to add to the Suicide Prevention Coalition's (SPC) website so that local data is readily available to the community. Release data brief with current data around suicide in Riverside County. Ongoing completion of data requests from subcommittees and Riverside County at large. Develop surveys for specific target groups to better plan prevention activities.

Effective Messaging Sub-Committee

Regularly Scheduled Meetings: TBD. This subcommittee will begin meeting quarterly in 2024. More details to come soon!	
Sub-Committee Goal(s):	Increase safe reporting of suicide and healthy social media use.
Sub-Committee Objective(s):	<ol style="list-style-type: none"> 1. Increase safe reporting of suicide. 2. Increase healthy social media use. 3. Partner with members of media to provide information about resources. 4. Integrate best practices into public campaigns and communication strategies about suicide.
Last Quarter's Actions:	<ul style="list-style-type: none"> Partnered with Caltrans and the city of Corona to develop suicide prevention signage placed near bridges and overpasses in an effort to reduce suicides. Signage was placed this quarter!
Community Partners Needed:	Continued Support of community members, sub-committees, etc.
Priority Activities this Quarter:	<ul style="list-style-type: none"> Ongoing support to all subcommittees for review of best practices and safe messaging for projects. Schedule workshop for Public Information Officers (PIOs) on safe messaging around reporting suicide attempts and deaths.



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Upstream	
Regularly Scheduled Meetings 1st Tuesdays 9:00am-10:30am	
Sub-Committee Goal(s):	Increase connectedness between people, family members, and community. Increase resiliency and help-seeking.
Sub-Committee Objective(s):	<ol style="list-style-type: none"> 1. Increase services focused on fostering a sense of belonging. 2. Promote a culture free of stigma and discrimination. 3. Integrate activities into community-based services that increase life skills. 4. Expand services to increase help-seeking behaviors and promote messages of resiliency, recovery, and hope.
Last Quarter's Actions:	<ul style="list-style-type: none"> • Youth initiative – Together with La Sierra University developed social media content promoting mental health awareness, healthy coping tips, and suicide prevention. The social media content was shared on multiple platforms, and even highlighted at the October Suicide Prevention Coalition conference. • Youth initiative- Created an upstream wellness calendar which includes tips and content that sites can use for their own social media postings. • Older Adult Initiative – The wellness kits for older adults project has been completed. We distributed over 3600 kits to isolated or home bound seniors. A more developed report on the project will be sent to leadership
Community Partners Needed:	Continued support from community members, sub-committee members, etc.
Priority Activities this Quarter:	<ul style="list-style-type: none"> • Develop new objectives for youth initiatives. • Begin to develop a plan to engage with various sites to offer suicide prevention trainings at local senior or community centers and try to engage caregivers on how to support someone in crisis.

What additional support or resources may be needed? Connection to additional organizations that can assist with distribution.



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Prevention - Trainings Sub-Committee

Regularly Scheduled Meetings: Quarterly. Next meeting is scheduled for Nov. 2nd from 12pm-2pm

Sub-Committee Goal(s):	Increase detection and screening to connect people to services based on suicide risk.
Sub-Committee Objective(s):	<ol style="list-style-type: none"> 1. Trainings to increase effectiveness of suicide risk screenings, assessments, and trauma-informed practices. 2. Training to support identification and intervention to effective care.
Last Quarter's Actions:	<ul style="list-style-type: none"> • Created a public service announcement (PSA), which local trainers were utilized to discuss the importance of being trained in suicide prevention. • Created an outreach plan to encourage widespread sharing of the PSA to reach every individual of Riverside County. • Recruitment of trainers, an increase of scheduled trainings has been created.
Community Partners Needed:	ASIST, safeTALK and MHFA trainers and continued support of members, other sub-committees, etc.
Priority Activities this Quarter:	<ul style="list-style-type: none"> • Dissemination of PSA, beginning the development of a formal request template to outreach to local business about screening PSA (Movie theaters, gas stations, waiting rooms, DMV, etc.) • Continuous efforts to increase the number of trainings offered and training attendance through outreach.

Prevention – Higher Education

Regularly Scheduled Meetings: 4th Mondays, 9:00am-10:00am

Sub-Committee Goal(s):	Standardize policies and curriculum to promote connectedness and address suicide risk.
Sub-Committee Objective(s):	<ol style="list-style-type: none"> 1. Increase education and awareness regarding mental illness and suicide amongst college students and staff. 2. Assist schools with the implementation of trauma-informed practices. 3. Promote increased help seeking behaviors amongst college youth.
Last Quarter's Actions:	<ul style="list-style-type: none"> • Successful recording of a training video for staff and faculty titled, "How to Help a Student in Distress." Continued distribution of the PSA Video. • Continuous implementation of self-care techniques to Staff/Faculty reiterating the importance of taking care of yourself so that you can take care of your students.
Community Partners Needed:	Continued support of community members, sub-committees, to increase committee membership.



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Prevention- Engaging Schools Sub-Committee

Regularly Scheduled Meetings: 4th Mondays, 10:00a.m-11:30a.m. (during the academic year)

Sub-Committee Goal(s):	Increase detection and screening to connect people to services based on suicide risk.
Sub-Committee Objective(s):	<ol style="list-style-type: none"> 1. Implement programs that foster social emotional growth. 2. Develop and implement standardized suicide risk assessment tools and prevention plans. 3. Assist schools with the implementation of trauma-informed practices
Last Quarter's Actions:	<ul style="list-style-type: none"> • The Suicide Reporting and Crisis Response Pilot Project planning document and timeline are now complete. • The team has begun working on tasks within each of the four activities
Community Partners Needed:	Riverside County School Districts
Priority Activities this Quarter:	<ul style="list-style-type: none"> • Create an application and selection rubric to incorporate the vision for school-based health centers and how they would support the mental health and wellness needs of students. • Send email for LEAs to be considered to be part of this work. Gather information from other LEAs about risk assessments/screening tools already in use. • Continue refining the Logic Model with the Engaging Schools Sub-committee, with particular focus on the Activities section.

• How can other sub-committees potentially help you in your efforts?

o ES focuses on the full continuum of support for suicide prevention. Broader collaboration with the Upstream and Training sub-committees would be beneficial to ES sub-committee objectives #1 and 3.

• What additional support or resources may be needed?

o The ES sub-committee would like to elevate the upstream practices and how they connect to other district priorities (social-emotional learning, trauma-informed practices).



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Intervention Sub-Committee

Regularly Scheduled Meetings: 3rd Wednesdays, 1:00pm-2:30pm

Sub-Committee Goal(s):	Deliver a continuum of crisis services across the county and evaluate crisis services to identify gaps in care. Create safe environments by reducing access to lethal means and develop professional competence to reduce risk and promote community safety.
Sub-Committee Objective(s):	<ol style="list-style-type: none"> 1. Improve transition in care of consumers following a hospitalization or a consumer/family contact with crisis system of care. 2. Develop relationships with community partners that are willing to work with the committee to reduce access to lethal means to improve community safety. 3. Develop a recommendation for countywide best practice professional trainings on means safety and consumer care for the consumer with suicidal ideation.
Last Quarter's Actions:	<ul style="list-style-type: none"> • The Crisis team reports that they are receiving a lot of positive feedback from the use of the flyer. • The implementation of the Firearm Lock Initiative has begun. A distribution of about 1000 firearm locks has been completed. New requests for additional firearm locks from county staff and community agencies.
Community Partners Needed:	Training subcommittee
Priority Activities:	<ul style="list-style-type: none"> • Explore options for new co-chairs to lead the Intervention Subcommittee • Explore funding source (s) for continued Firearm distribution. Identify and implement a system to measure the effect and the success of the distribution. • Continue to print and distribute care transitions flyers. • Create and develop a training pilot of Cultural Competency and Awareness training for Senior Clinical staff and Crisis Care direct care Supervisory staff with the Training subcommittee.

- How can other sub-committees potentially help you in your efforts?
 - Support from the Training Subcommittee can assist in the development of the Cultural Competency and Awareness training for direct care staff.
- What additional support or resources may be needed?
 - Fiscal support to fund further Firearm Lock distribution.



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Postvention Sub-Committee Quarterly Meeting Updates

Regularly Scheduled Meetings: 4th Mondays, 10am-12pm

Sub-Committee Goal(s):	Expand support and services following a suicide loss.
Sub-Committee Objective(s):	<ol style="list-style-type: none"> 1. Develop and implement postvention team(s) to coordinate effective response at various levels and across multiple settings. 2. Implement and expand survivor's support groups into systems of care to address immediate, delayed, and ongoing support. 3. Provide trainings to clinical staff on complicated grief and bereavement to better serve suicide loss survivors.
Last Quarter's Actions:	<ul style="list-style-type: none"> • Members of the Postvention subcommittee along with the Trauma Intervention Program (TIP) attended all three Inland Empire Out of the Darkness Walks, in which connections were made with loss survivors and community groups across Riverside County. Increasing members and group facilitators.
Community Partners Needed:	Loss survivors, Coroner's Office, Law Enforcement
Priority Activities:	<ul style="list-style-type: none"> • Request another team lead from Survivors of Suicide Loss (SOSL). Explore alternative suicide loss support group curriculum. • Develop training curriculum and recruit therapists to offer short-term, no cost, suicide grief counseling to suicide loss survivors. • Long-term: Focus on youth support/resources.

How can other sub-committees potentially help you in your efforts?

What additional support or resources may be needed?