



# Riverside County Suicide Prevention Coalition

## Quarterly Sub-Committee Share Out

4/27/22

### Effective Messaging Sub-Committee Quarterly Meeting Updates

**Regularly Scheduled Meetings: 2<sup>nd</sup> Wednesdays, 10-11 AM.**

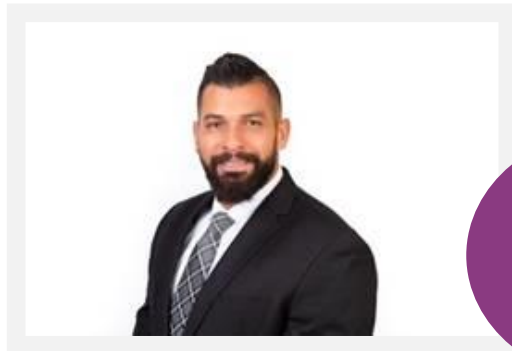
Sub-Committee Goal(s):	Increase safe reporting of suicide and healthy social media use.			
Sub-Committee Objective(s):	Increase safe reporting of suicide. Increase healthy social media use. Partner with members of media to provide information about resources. Integrate best practices into public campaigns and communication strategies about suicide.			
Upcoming Actions		Successes	Challenges	Next Quarter's Actions
Community Partners Needed:	City PIOs; School District PIOs; University (marketing) groups			
Priority Activities:	<ul style="list-style-type: none"> <li>Assist other sub-committees with development of their materials to provide feedback on safe messaging and best practices.</li> <li>Connecting with PIOs in the community and hosting PIO workshops.</li> </ul>	Committee provided feedback on several promotional materials.		



**Sub-Committee Co-Chairs:**



*Stan Collins*



*Robert Youssef*



# Riverside County Suicide Prevention Coalition

## Quarterly Sub-Committee Share Out

4/27/22

### Measuring and Sharing Outcomes Sub-Committee Quarterly Meeting Updates

#### Regularly Scheduled Meetings: 3<sup>rd</sup> Thursdays, 9-10 AM.

Sub-Committee Goal(s):	Advance data monitoring and evaluation				
Sub-Committee Objective(s):	Partner with coroners and medical examiners to develop a method for accessing data for improved suicide prevention strategies				
Obj.	Last Quarter's Actions	Successes	Challenges	Next Quarter's Actions	
1	Better understand the difference between ESSENCE and OSHPD data sources	<input type="checkbox"/> Objective Complete	Met with Public Health for a better understanding of OSHPD data. Decision was made to use OSHPD.	OSHPD and ESSENCE defined suicide ideation and suicide attempts differently.	Use OSHPD data in the future for our purposes to include suicide ideation diagnosis.
2	Develop a data brief to share by end of quarter	<input type="checkbox"/> Objective Complete	Completed short data summaries. Shared data brief is still in progress.	We conducted short- ad hoc reports to answer specific questions. However, the shared data brief is still in progress.	Continue progress to growth to complete data brief with Public Health.
3	Continue process with partnership in creating a Suicide Fatality Review team with coroner.	<input type="checkbox"/> Objective Complete	Some process with materials and content. A lot of buy-in and capacity for teams.	SFR team requires a lot of buy-in and capacity that the team is not large enough yet for.	Continue webinars and trainings to assist in the growth of SFR team. Upcoming meeting on May 12 <sup>th</sup> 2022
Community Partners Needed:	Follow-up with current members; School and community partners; Coroner	Partners with public health and sheriff department. Medical Center collaboration	Not a current membership list.		
Priority Activities:	Review state data briefs and create draft for sub-committee feedback. Survey sub-committees about data needs. Training on developing a suicide fatality review team.	See above.		See above.	



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### Upstream Sub-Committee Quarterly Meeting Updates

#### Regularly Scheduled Meetings: 1<sup>st</sup> Tuesdays, 9:00AM-10:30AM

Sub-Committee Goal(s):	Increase connectedness between people, family members, and community. Increase resiliency and help-seeking.				
Sub-Committee Objective(s):	Increase services focused on fostering a sense of belonging. Promote a culture free of stigma and discrimination. Integrate activities into community-based services that increase life skills. Expand services to increase help-seeking behaviors and promote messages of resiliency, recovery and hope.				
Obj.	Last Quarter's Actions	Successes	Challenges	Next Quarter's Actions	
1	Youth initiative – engage with youth to encourage intergenerational connectivity and resilience building. Take video that was developed and align it with format and structure of Directing Change video submissions.	<input type="checkbox"/> Objective Complete	Explored utilizing local videos developed by the Directing Change film contest to help promote protective factors for suicide.	Trying not to duplicate efforts and use resources that are readily available to us.	Explore ways to use the MIMHM monthly prompt by DC and share the entries in the Dear Me category.
1	Older Adult Initiative – support older adults to increase connectivity and encourage help-seeking behaviors. Find new methods to reach isolated seniors to connect them to resources, educate professionals in contact with seniors, expand reach of survey and create an advisory group of seniors.	<input type="checkbox"/> Objective Complete	Plan to engage homebound seniors through delivery of RMCF kindness kits for seniors reflecting objectives of resiliency, recovery, and hope. Idea to educate senior center staff about at-risk populations.	Developing a strategy to get the kits to at risk seniors. Expanding the participants of the sub-committee to include more individuals with an interest in senior population	Initiate an application to help fund the purchase of items for the kindness kits  Develop a training tool for senior center presentation. Develop materials for “senior corners” with mental health tips and resources.
Community Partners Needed:	Schools, Faith-based organizations, community groups, senior centers, older adult service agencies.				
Priority Activities:	Plan to submit an application to the Coalition for one time funding to promote wellness/kindness kits for home bound seniors.				



# Riverside County Suicide Prevention Coalition

## Quarterly Sub-Committee Share Out

**4/27/22**

### Prevention - Trainings Sub-Committee Quarterly Meeting Updates

**Regularly Scheduled Meetings: Last Monday of the month, 3:30-4:30 PM**

Sub-Committee Goal(s):	Increase detection and screening to connect people to services based on suicide risk.				
Sub-Committee Objective(s):	Trainings to increase effectiveness of suicide risk screenings, assessments and trauma-informed practices. Trainings to support identification and intervention to effective care.				
Obj.	Last Quarter's Actions	Successes	Challenges	Next Quarter's Actions	
1	Increase knowledge and awareness of available trainings. Each attendee to research different trainings available to create a "portfolio" of available trainings in Riverside County.	<input type="checkbox"/> <b>Objective Complete</b>	Identified El Rotofolio as a potential training	Not having consistent attendance has made it challenging to get traction.	Look at what it will take to bring the training in and the target audience.
2	Increase trainings specific to clinicians. Host a training specific to clinicians for CBT for Suicide.	<input type="checkbox"/> <b>Objective Complete</b>			This is a long-term goal that will take coordination with the SPC Lead.
Community Partners Needed:	Postvention sub-committee; referrals from current attendees, reaching out to original list of folks interested/attending meetings.	We have engaged new relationships and have seen the return of early attendees.			Continue to invite CCLs to meetings to share information about outreach with culturally specific groups.
Priority Activities:	Reviewing EBPs discussed in State webinar – discussing feasibility in Riverside County				



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## Quarterly Sub-Committee Share Out

**4/27/22**

Prevention – Engaging Schools Sub-Committee Quarterly Meeting Updates					
<b>Regularly Scheduled Meetings: 1<sup>st</sup> Tuesdays, 3:00-4:30 PM</b>					
Sub-Committee Goal(s):	Standardize policies and curriculum to promote connectedness and address suicide risk.				
Sub-Committee Objective(s):	1. Implement programs that foster social emotional growth. 2. Develop and implement standardized suicide risk assessment tools and prevention plans. Assist schools with the implementation of trauma-informed practices.				
Obj.	Last Quarter's Actions	Successes	Challenges	Next Quarter's Actions	
1	Establish list of resources and agencies to assist school districts with determining options for supports in their schools.	<input checked="" type="checkbox"/> Objective Complete	Completed	Updating the lists due to changes in agencies	Continue to provide and check in with resources/supports needed.
2	Recruit admin, school psychologists, and clinicians within the school system to attend meetings.	<input checked="" type="checkbox"/> Objective Complete	Completed	Staff continue to be busy or requested to not be added to the email list.	Continue to promote meetings across social media platforms (LinkedIn) with approval.
3	Bring in representative for PLUS – email the representative for them to attend the next 2-3 meetings. Have invited several students involved in GenUp as well as NAMI youth to the meetings.	<input type="checkbox"/> Objective Complete		We have only scheduled other programs such as Operation Safehouse and other guest speakers at this time.	Continue to invite possible partnerships to meetings.
Community Partners Needed:	School admin, school psychs, clinicians, and students.				
Priority Activities:	Bring in resources and representatives.				



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## Quarterly Sub-Committee Share Out

4/27/22

### Intervention Sub-Committee Quarterly Meeting Updates

#### Regularly Scheduled Meetings: 3<sup>rd</sup> Wednesdays, 1:00-2:30 PM

Sub-Committee Goal(s):	Deliver a continuum of crisis services across the county and evaluate crisis services to identify gaps in care. Create safe environments by reducing access to lethal means and develop professional competence to reduce risk and promote community safety.				
Sub-Committee Objective(s):	<ol style="list-style-type: none"> <li>1. Improve transition in care of consumers following a hospitalization or a consumer/family contact with crisis system of care.</li> <li>2. Develop relationships with community partners that are willing to work with the committee to reduce access to lethal means to improve community safety.</li> <li>3. Develop a recommendation for countywide best practice professional trainings on means safety and consumer care for the consumer with suicidal ideation.</li> </ol>				
Obj.	Last Quarter's Actions		Successes	Challenges	Next Quarter's Actions
1	Developed a flyer to be utilized by the crisis teams in order to improve transitions in care.	✓ Objective Complete	Flyer is approved. Worked with Effective Messaging sub-committee.	We are working on distribution and obtaining funds for production.	Follow up with crisis teams for feedback and usage.
2	Each sub-committee member to visit a gun sales store or a gun range owner to begin conversation of working with the committee on means restriction.	□ Objective Complete	Some members visited gun stores and/or gun ranges. Smaller stores have been open to conversation.	Some initial reactions have been less than favorable.	Members will revisit the topic and explore other ways to address the issue of access to means.
3	Explore best practice training on means safety and at-risk consumer care.	□ Objective Complete	Some members reviewed the CALM training. Members were asked to review best practices.	Sub-committee is unsure of best practice for different sites and for different level of practitioners	Plan to partner with Trainings sub-committee to focus on initial recommended training.
Community Partners Needed:	More committee members.				
Priority Activities:	Production and distribution of flyer to crisis services. Summarize visits to community gun sales retail stores. Focus on best practice training recommendations.				



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## Quarterly Sub-Committee Share Out

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### Postvention Sub-Committee Quarterly Meeting Updates

#### Regularly Scheduled Meetings: 4<sup>th</sup> Mondays, 10am-12pm

Sub-Committee Goal(s):	Expand support and services following a suicide loss.				
Sub-Committee Objective(s):	<ol style="list-style-type: none"> <li>1. Develop and implement postvention team(s) to coordinate effective response at various levels and across multiple settings</li> <li>2. Implement and expand survivor's support groups into systems of care to address immediate, delayed, and ongoing supports.</li> <li>3. Provide trainings to clinical staff on complicated grief and bereavement to better serve suicide loss survivors.</li> </ol>				
Obj.	Last Quarter's Actions	Successes	Challenges	Next Quarter's Actions	
1	TIP active postvention response: - 20% of suicide events will receive in-person, on scene response - 80% of suicide events will receive delayed response within 24-48 hours after call - 100% of suicide events will receive a LOSS kit	☐ Objective Complete	TIP Volunteers are going out on suicide calls.	Services aren't provided in all parts of Riverside County. Need more TIP volunteers.	Continue to share volunteer opportunities. Contact local reporter to highlight need for TIP volunteers and SOSL support group facilitators.
2	Outreach and recruitment of suicide loss survivors who are able to step into the role of peer support and become facilitators of loss support groups/services, i.e.: Survivors of Suicide Loss (SOSL) groups and Healing Conversations.	☐ Objective Complete	Contacted Peer Support supervisor in RUHS-BH to discuss recruitment strategies for volunteers Worked with SOSL to draft flyer.	Determining who will be the main point of contact for Riverside SOSL so that the cover letter, flier etc. that is sent out has information for groups/individuals to get back to us.	Begin recruitment and training for SOSL Facilitators. Designate contact person for Support group volunteers and submit interest list to Michelle from SOSL.
3	Offer suicide bereavement training to therapists in the community for short-term, no cost, suicide grief counseling to suicide loss survivors.	☐ Objective Complete	Met with American Association of Suicidology (AAS) to discuss training needs.	Awaiting response from AAS regarding scheduling training.	Continue outreach to IEHP and community therapists.
Community Partners Needed:	Coroner, first responders, SOSL, licensed/licensed-eligible therapists	Coroner attendance at monthly meetings.			
Priority Activities:	Increase TIP volunteers. Coordinate LOSS kits. Provide suicide bereaved training to clinicians. Recruit and train SOSL in becoming peer support facilitators.	TIP had a training in February and is working on another in June. TIP is making contacts in the desert to expand services to the Eastern part of the County.		How to connect and inform TIP about a suicide in to support survivors with a packet of information. How to get SOSL support in non-service areas.	



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Prevention – Higher Education Sub-Committee				
<b>Regularly Scheduled Meetings: 4<sup>th</sup> Mondays, 9:00AM-10:00AM</b>				
Sub-Committee Goal(s):	Standardize policies and curriculum to promote connectedness and address suicide risk.			
Sub-Committee Objective(s):	1. Increase education and awareness regarding mental illness and suicide amongst college students and staff. 2. Assist schools with the implementation of trauma-informed practices. 3. Promote increased help seeking behaviors amongst college youth.			
Upcoming Action	Successes	Challenges	Next Quarter's Actions	
Community Partners Needed:	Representation from private colleges/universities in Riverside County. Students (Active Minds members), tech staff, campus film departments, veterans.	Sub-committee currently has over 10 members and many attendees agreed to refer others.		Continue recruitment efforts.
Priority Activities:	Recruit members, finalize objectives, and begin establishing action steps.			

**Sub-committee Co-Chairs:**



Dr. Lynette Sullivan



Dr. Connie Marmolejo