



Riverside County Suicide Prevention Coalition

Sub Committee

Date: February 28, 2022

Time: 10:00AM - 12:00 PM

Attendees:

Brenda Scott, Co-Chair	Sean Cortes, Clerical Support	Donna Dahl
Diana Gutierrez	Magda Stewart	Michelle Madden, Outreach and Support Director for Survivors of Suicide Loss.
Monique Cortes, Clerical Support	Marilyn Skirbin	Laurence Gonzaga
Kathy		

I. Welcome - Introductions

II. Report on Follow-ups:

- **TIP Postvention Update (Magda)**

- Books for LOSS kits have arrived and have begun to be distributed to volunteers (500 were ordered, enough supply for about 3 years)
- Logo is finalized and pins are ready to be ordered and resource guides are going to print in the upcoming weeks. Plan to include in the Kit, flyers of any resource we want to add in at the time.
- New TIP class, 9 finished the class out of 22 confirmed attendees. (All 9 are potential volunteers for support group class.) Magda has an interest list of over 400 people who have expressed an interest in becoming a volunteer. (All get email as new classes begin.)
- TIP classes serve as a screening as well as a training process for volunteers.
- Getting contract from Moreno Valley, Magda received email from city manager of Eastvale, and is working on dates to meet. TIP is on the agenda for the Eastvale council meeting, March 17th.
- Brenda was able to take the training, required to attend monthly CE trainings. (Suicide specific material/info will be presented, QPR). Magda will sit down with Diana and Brenda to pinpoint what to present in trainings on content

from Noah.

- **Bereavement Counseling (Diana)**

- Train Mental Health Professionals to provide support to families, PEI is going to fund 6-8 free sessions to anyone in Riverside County who is identified as a loss survivor.
- Researching training, Diana has found two, one from the American Association of Suicidology (AAS), and one from the American Foundation for Suicide Prevention (AFSP). Both cover specific and complex issues experienced by survivors of suicide loss. How experiences with grief may vary depending on demographic factors including cultural experiences and complicated feelings relative to the deceased. Identifying and exploring goals for suicide loss survivors in clinical treatment, and what mental health provider can do to facilitate those goals.
- AAS (3 ½ hour training, Minimum of 35/Max of 100 participants. Offers Virtual and in-person. Offer Training for trainers which will allow us to train new therapists/reduce future costs.) ---Michelle prefers AAS, more involved with suicide loss.
- AFSP (6 ½ hour virtual training, given exclusively by Dr. Jordan. Trainer and Per person fee.)
- This training will also be offered to IEHP therapists and the included in their member benefits.

- **Survivors of Suicide Loss Peer Support Groups**

- Engaging survivors, Donna spoke with Shannon about resource distribution through her network of members. Shannon's organization provides training for those who wish to become peer support specialists.
- Magda has three potential facilitators. Michelle shared her experience with virtual meetings for all those reaching out for support, and her organizations plan to resume both in person and virtual sessions. Michelle will reach out with executive director about cost of SOSL and send Brenda a list of her SOSL groups.
- In regard to building infrastructure around a SOSL group in Riverside County, Michelle can help facilitate/support if we were to come in under her programs wing, or assist our committee in setting up our own program/groups. Prefer to build off a successful group that is already in place.
- Donna discussed utilizing the peer support network to get information out, and what the steps are to facilitating that. Magda can/will present TIP to any new peer support groups.

III. Follow-ups:

- AAS Training (Diana) – Update on scheduling AAS training, cost, platform, etc.

- Brenda to connect with Michelle to obtain SOSL group information and language to include on flyer.
- Diana and Brenda to connect Magda to Shannon to present TIP to her groups/graduates.
- Brenda, Monique, and Sean to draft a flyer with info on SOSL groups. Donna will draft a letter containing similar info.

IV. Next Meeting

- **Monday March 28, 2022, at 10:00 AM - 12:00 PM**

